

# THE EXECUTIVE PERFORMANCE ACCELERATOR

## A SELF-ASSESSMENT FOR LEADERS PREPARING FOR THEIR NEXT LEVEL

*This assessment helps leaders identify the capabilities, behaviors, and communication habits required for senior-level and C-suite roles. It pinpoints strengths, gaps, and growth priorities that directly impact promotability.*

**INSTRUCTIONS:** Rate yourself honestly on each statement using the scale below:

**1=Rarely true , 2=Sometimes true , 3=Often true, 4=Consistently true, 5=Core Strength**

### EXECUTIVE PRESENCE & LEADERSHIP AUTHORITY

Score

I project calm, steadiness, and clarity even under pressure.

☐

I communicate with confidence and purpose in high-stakes situations.

☐

I influence others without over-explaining, defending, or pushing.

☐

My presence builds trust with senior leaders, peers, and teams.

☐

I show up in a way that signals readiness for larger responsibility.

☐

### STRATEGIC CLARITY & DECISION MAKING

Score

I balance short-term priorities with long-term strategy.

☐

I can quickly see the broader implications of an issue or decision.

☐

I make decisions efficiently, even with incomplete information.

☐

I communicate decisions clearly, so others understand the “why” behind them.

☐

I stay composed and decisive when ambiguity is high.

☐

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### COMMUNICATION THAT DRIVES IMPACT

Score

I listen fully and respond with intention, not reactivity.

☐

My communication is clear, concise, and aligned with the audience's needs.

☐

I handle difficult conversations without hesitation or avoidance.

☐

I adapt my style effectively when presenting to executives, teams, or the board.

☐

My communication moves people forward, even when messages are tough.

☐

### LEADING PEOPLE & DRIVING PERFORMANCE

Score

I address performance issues promptly and directly.

☐

I set clear expectations and hold others accountable with confidence.

☐

I can motivate teams and individuals through change and pressure.

☐

I build trust and psychological safety while maintaining high standards.

☐

My leadership consistently elevates team performance and alignment.

☐

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### SELF-AWARENESS & EXECUTIVE HABITS

Score

I actively seek feedback and apply it to improve.

☐

I recognize my leadership patterns and how they affect others.

☐

I manage my emotions effectively, even in challenging interactions.

☐

I maintain resilience and clarity through pressure, workload, and change.

☐

My leadership habits reflect professionalism, preparation, and self-discipline.

☐

**TOTAL SCORE:** \_\_\_\_ /125

### INTERPRETATION

#### **100–125: READY FOR NEXT-LEVEL LEADERSHIP**

You demonstrate strong habits and behaviors aligned with senior leadership expectations. Your presence, clarity, and communication signal readiness for larger responsibilities and increased visibility.

#### **80–99: STRONG FOUNDATION WITH TARGETED GROWTH NEEDED**

You are on the path toward advancement. Strengthening specific capabilities—particularly in executive presence, communication, or strategic clarity—will accelerate your trajectory.

#### **60–79: SOLID PERFORMER WITH DEVELOPMENT OPPORTUNITIES**

You have meaningful strengths, but certain behaviors may be limiting your promotability. Focused executive coaching will help you close those gaps and elevate your readiness.

#### **BELOW 60: LEADERSHIP RESET & DEVELOPMENT REQUIRED**

You may be effective in your current role but need substantial growth to meet senior-level expectations. Targeted, structured coaching will create the clarity, confidence, and presence needed to lead at scale.

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### NEXT STEPS

#### YOUR PERSONALIZED EXECUTIVE PERFORMANCE ACCELERATOR REPORT

If you want deeper insight into your scores, patterns, and growth areas, schedule a consultation to review your results and identify the fastest path to next-level leadership.

#### SCHEDULE YOUR CONSULTATION:

<https://reginafasold.coachesconsole.com/calendar/default>

**Created by:** Regina Fasold, Executive Performance Coach

**Book a free consultation:** <https://reginafasold.coachesconsole.com/calendar/default>

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